

Living Abundantly, Inc.

"Living a Well Balanced Life one Thought at a Time!"



If you are looking for a life-changing, inspirational speaker who holds your audience spellbound while sharing solid, proven, strategies to help them to reach their goals and live their dreams. If you are looking for an empowering life coach who will escort you on a personal journey of living a well balanced life while falling in love with yourself, your search is over.

Kim R. Grimes is an ordained preacher, a certified life coach, a personal finance mentor, a powerful, inspiring, and life-changing speaker, who leaves her audiences energized and challenged. Strongly inspired by **John 10:10**, Mrs. Grimes founded *Living Abundantly, Inc.*, by believing and trusting God. This dynamic speaker, coach, minister and seminar leader has over 25 years of leadership, training and communication experience. Her remarkable messages inspire audiences to shed self-imposed baggage and obstacles that prevent them from Living Abundantly. She encourages people to identify their phobias, overcome their fears, achieve their goals and live their dreams. Mrs. Grimes delivers "high energy" messages and coaching sessions which inspire men, women and young adults to "shake off mediocrity" and "live up to their greatness." It is a message she learned from her own life and one she uses to help others live out their full potential.

An encourager by nature, she loves to inspire! Her purpose is to Inspire Exponentially! She sets out to Inspire, Empower, Encourage, Enlighten and Exalt (IE⁴) people to live abundantly. Her goal is to uplift you from wherever you are; inspiring people to change their lives, one thought at a time! Mrs. Grimes has served and inspired thousands through her life coaching, personal finance mentoring, speeches, sermons, seminars, workshops, and coordination services; at churches, businesses, military units and community settings. Mrs. Grimes' passion for ministry is encompassed by her love for others. As an ordained preacher, she ministers to everyone she comes in contact with. Mrs. Grimes currently serves as the Youth Director for Messengers for Christ Youth Ministry, at Regimental Memorial Chapel.

In addition to being a speaker, preacher, personal finance mentor and life coach, Mrs. Grimes is also the founder and Executive Director of Life Abundant Enrichment Center (LAEC), in Newport News, Virginia. This nonprofit corporation will provide Adult Day care Services (ADS) to meet the needs of adults with impairments to improve the care and quality of life for the elderly within the community. As a self made Millionaire, her mission is to inspire & empower one million people by 2014 to become a millionaire through healthy financial living. Her passion to help others has opened the door for Mrs. Grimes to perform wedding ceremonies and become a highly sought after event planner and wedding coordinator. She has planned, organized and hosted numerous events, conferences, seminars, workshops, weddings ceremonies and receptions for all walks of life.

Before founding *Living Abundantly, Inc.*, Mrs. Grimes worked as an Account Manager for Sun Microsystems, Inc. She has over eighteen years of experience in high technology, systems administration, instructing and project leadership. She has also acquired the rank of Major with over twenty four years of increasing leadership and management responsibility within United States Army Reserve. Mrs. Grimes earned a Bachelor Degree in Computer Science, a Master Degree in Management and acquired certifications for Spiritual, Professional, Leadership, and Dream Coaching. She has been acknowledged for excellent communication and presentation skills, professionalism, driving results by managing relationships, negotiating conflicts and providing solutions. Mrs. Grimes has been selected as top five percent achiever for managing and implementation programs among her peers. Her vast experience from the military, her coaching skills and her management background brings exceptional expertise and knowledge to any service she provides. Mrs. Grimes, originally from Philadelphia, Pennsylvania, resides in Newport News, Virginia with her husband Lionel and their two dogs Demi Angel & Gia Star.